

# SUMMER FUN IDEAS

Go for a night walk with flashlights  
Make an obstacle course  
Pick blueberries or blackberries and make jam  
Plant a garden  
Go fishing  
Play Frisbee  
Use sidewalk chalk (dip in water for a new look)  
Play at a local elementary school  
Have a picnic  
Roll down a hill  
Play with balls - kick, throw, and roll  
Have a toy car wash  
Blow bubbles  
Collect rocks  
Make a sandcastle at the beach  
Play family tag  
Make a bird feeder  
Have a backward dinner - serve dessert first  
Make a giant hopscotch on the driveway  
Sleep outside in a tent in your backyard  
Take a roll of black and white pictures of your children  
Fly a kite  
Make popsicles  
Visit the local farmer's markets - Kirkland, Redmond, Woodinville, Bothell, etc.  
Have a treasure hunt in your sandbox  
Go bike riding, walking, hiking  
Visit a construction site or hardware store  
Let the kids paint the house with a bucket of water  
Visit mom or dad at work  
Mail a postcard to friends and relatives  
Play outside after dark with flashlights  
Have fun with a wading pool or just let the hose drizzle - kids love it!  
Paint rocks  
Visit Krispy Kreme donuts - see how they make them  
Let your child explore with a pan of ice cubes  
Catch a bug or worm and keep it in a container with holes in the lid  
Let your child use a hammer and nails - or use golf tees and a piece of floral foam  
Get a butterfly net and spend the day trying to catch a butterfly  
Walk barefoot  
Spray bottles  
Slip -n- slides  
PVC Piping - great for making hula hoops, sprinklers or your own designs

## SUMMER IN SEATTLE

Visit the UW arboretum. There is a bird sanctuary, nature hike, streams, and picnic area

Rent a canoe at the UW canoe house

Take a walk on the UW campus. Burke Museum is interesting

Forest Park in Everett

Visit the Seattle Art Museum and Volunteer Park

Visit the Museum of History and Industry

Government Locks in Ballard. There are a lot of boats on Sundays.

Visit the fireboats on the Seattle waterfront.

Seattle Aquarium

Rent a bike or boat at Greenlake, or just walk around - great kids water area

Snoqualmie Falls

Drive to the mountains and hike over the snowfields in early summer.

Argosy Cruises - kids under 3 are free

Visit the fish hatchery in Issaquah.

Do the Puyallup (fair) or the Evergreen State Fair in Monroe (smaller).

Woodland Park Zoo

Visit the train station.

Go down to Kenmore Air Harbor on Lake Union and watch seaplanes take off.

Pike Place Market

Go fishing. Gold Creek Trout Farm in Woodinville

Take a metro bus.

Ride the Monorail to the Seattle Center.

Watch the hot air balloons land in Woodinville.

Marymoor Park has a historical museum, playgrounds, dog park, etc.

Mariner's game or the Everett Aquasox in Everett.

**Jetty Island** - a great place for a daylong adventure. It is a 2-mile long island just a quarter mile off Everett waterfront. It is run through the Everett parks and rec. dept. A great place to fly a kite and explore.

Visit your local library - there are often family activities, story hours - check the schedules

Take a ferry ride - ride bikes or walk along one of the bike trails. Gasworks Park and Kenmore or Woodinville and Marymoor Park.

Bothell Landing Park in Bothell has a nice playground and very nice nature walk on a plank boardwalk through wetlands.

Ferry ride to Whidbey Island and visit the South Whidbey Community Center playground. It was written up in Sunset Magazine.

Check out all the local parks. There are so many around our area.

Farrell McWhirter (animals), Anderson Park in Redmond, Woodlands Park (on 124<sup>th</sup>), Legion Park (has events on Tuesdays), Grasslawn Park, Tot Lot, Houghton Neighborhood Park, Marina Beach in Edmonds, Perrigo park in Redmond, Waverly, Houghton Beach, Idlewood Park, New Castle, Chism Park in Bellevue, St. Edwards Park (free to park now), Wallingford park (has wading pool area), Juanita Bay Park

Kirkland waterfront is great for an evening outing.

Northwest Trek

Kelsey Creek Park

Puget Sound and Snoqualmie Valley Railroad  
Enchanted Village and Wild Waves Water Park  
Point Defiance Park in Tacoma  
UW Observatory - you can look through telescopes, watch slide shows, etc.  
Visit Molbak's Nursery  
Visit Bellevue Botanical Gardens  
Redmond Derby Days  
Marymoor Heritage Festival  
KOMO Kidsfair  
Pacific Northwest Arts and Crafts Fair  
Bite of Seattle  
St. Edwards State Park - Micro brew festival on Father's Day weekend  
Mountlake Terrace Pool - great for all ages  
Free concerts at Redmond Town Center (Wednesdays, bouncy things, bear fountains)  
Root Connection  
Rosario Beach by Deception Pass  
Camp Casey  
Free Movies at local theaters  
I recently heard they will be showing family movies at the Kirkland Marina on a big screen -  
check the local paper for more info.  
Lake Forest Park Mall as art time at Third Place Books  
Camping - Banks Lake,  
Hiking - Heather Lake, Big 4 ice caves by Granite Falls - kid friendly  
Zoomasium - new at the Woodland Park Zoo  
Reptile Zoo in Monroe  
Peter Kirk Park has some free swims - check out there schedule  
Country Village in Bothell  
Eastside Mother's Club - have weekly activities, speakers, etc. [eastsidemothersclub.com](http://eastsidemothersclub.com)

# RECIPES

## BUBBLE RECIPE

2 CUPS JOY DETERGENT (OR DAWN)  
6 CUPS OF WATER  
3/4 CUP KARO LIGHT CORN SYRUP

COMBINE, SHAKE, LET SETTLE. STORE IN CONTAINER AND HAVE FUN!

## *Toddler Group Playdough*

4 cups flour  
1 cup salt  
4 cups water  
4 tablespoons oil  
1/2 cup cream of tartar

Mix all ingredients in a sauce pan. Cook and stir over low/medium heat until play dough is completely formed and no longer sticky. Allow to cool slightly before storing in an air tight container or zip lock bag.

## KOOL-AID PLAYDOUGH

2 PKGS. KOOL-AID (UNSWEETENED)  
1/2 CUP SALT  
2 1/2 CUPS FLOUR  
1 TABLESPOON CREAM OF TARTER  
3 TABLESPOONS OIL  
2 CUPS BOILING WATER

MIX DRY INGREDIENTS, ADD WET INGREDIENTS AND MIX. IT'S VERY STICKY AT FIRST, BUT KNEAD AND ADD MORE FLOUR (UP TO 1/2 CUP) UNTIL IT IS A GOOD CONSISTENCY. SMELLS GREAT!

## **BACKPACKER'S ICE CREAM**

1 CUP MILK

1/8 CUP SUGAR

1/2 TEASPOON VANILLA

MIX IN SMALL BAGGIE. PUT ICE AND ROCK SALT IN LARGER BAGGIE. PUT SMALL ONE IN LARGE ONE AND START SHAKING. IT TAKES ABOUT 10 MINUTES FOR ICE CREAM TO FORM. BE SURE TO RINSE SMALL BAGGIE OFF BEFORE EATING - SOMETIMES THE SALT CAN GET INSIDE AND THEN IT DOESN'T TASTE GOOD.

## **SIDEWALK CHALK**

1 cup plaster of Paris

1 cup water

Powdered tempera paint

Mold for chalk (small paper cups, ice cube trays, tissue rolls, etc.)

Mixing bowl and spoon

Mix in bowl and pour into molds - hardens pretty quickly.